“Ours is not a spirit of fear, but a spirit of fortitude and love. Our aim is to educate seriously, solidly and reasonably. I ask of you a new system, a new method... inspired by love.”

St. Pedro Poveda

“The Teresian School is a very warm and welcoming place. The atmosphere within the school is unique and there is lots of positivity amongst students and teachers. It is a great place to learn and be with your friends and I am proud to call myself a Teresian girl.”

Ciara McPillips, 6th Year student
Welcome to The Teresian Secondary School! I hope that you will enjoy reading about our School and in due course take the time to visit us and explore our unique school is person.

The Teresian Secondary School is very distinctive. Students are educated in an intimate learning environment, with students taught in small class sizes and given personal attention from their dedicated teachers. We are a close knit and friendly school akin to a family – hence we address each other on a first-name basis. The strong sense of community with high levels of respect between students, staff and parents is something which we highly value in The Teresian School.

Here each student’s individual talents and skills are encouraged and promoted. We provide our students with the guidance and support to develop their talents enabling them to reach their unique potential.

The Teresian School is an inclusive community. We welcome students from diverse backgrounds while encouraging an appreciation for the Catholic faith.

The school has a Pastoral Care Team led by myself, which meets on a weekly basis and we work to support the students’ learning, social, emotional and behavioural needs.

It is our aim that the students in our care receive a well-balanced and holistic education and that they will develop core values which will stand to them for life.

The students are the best thing about our school! I hope you will be able to see this for yourself when you visit us and witness some aspects of the daily life of The Teresian Secondary School. The students, staff and I extend a warm welcome to you and look forward to your visit to our wonderful school.

Deirdre Hickey
Secondary School Principal

Who we are

The Teresian School is a Catholic school under the trusteeship of The Teresian Association, a group committed to living Christian values in their family and working life. The Association was founded in 1911 by St Pedro Poveda in Spain and is a Private Lay Association of the Faithful. The Association runs a number of schools in Spain, Latin America, and the Philippines, together with the school in Dublin. These schools follow Poveda’s educational ideals.

The Teresian School is family. For us the Teresian School is providing an environment with the perfect measure of happiness and success where the girls, along with their teachers, are quietly doing great things.”

Current school parent
Academic Excellence

The Teresian School offers an education that is human in character and treats each student as unique, capable of growing and developing in the spiritual, social, academic, artistic, and physical dimensions. It promotes academic excellence, with openness to the emerging values of tomorrow. It seeks to develop our students as responsible citizens of the country and the world, who can stand for human rights, peace, justice and solidarity with all people in need.

Secondary School Curriculum

Our curriculum focuses the student on their own learning and personal growth. From the Junior Cycle, through Transition Year and on to the Leaving Certificate, there are rich and varied opportunities for success in The Teresian Secondary School. Group and personal advice on career choice and vocational guidance are provided throughout the school. We assess students in a variety of ways and seek to acknowledge and reward student achievement in all areas.

Junior Cycle Programme

This three year programme includes the following subject areas:

<table>
<thead>
<tr>
<th>Religious Education</th>
<th>General Science</th>
<th>French</th>
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<tbody>
<tr>
<td>History</td>
<td>Mathematics</td>
<td>Business Studies</td>
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<tr>
<td>Irish</td>
<td>Home Economics</td>
<td>Music</td>
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<tr>
<td>Geography</td>
<td>Spanish</td>
<td>Wellbeing - encompassing Physical Education, Civic, Social and Political Education and Social, Political and Health Education.</td>
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<tr>
<td>English</td>
<td>Visual Art</td>
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Transition Year

Transition year provides the perfect opportunity for students to truly live the Teresian ethos and become a person for others. This diverse and engaging programme has an abundance of opportunities including – community work, unique educational modules, heritage outings and work experience. The year finishes with the students completing the 118km of the Camino de Santiago, a huge physical, mental and spiritual challenge and one which they find truly rewarding.

Academic
Students are given the opportunity to sample the full range of Leaving Certificate subjects offered in the school in order to help with Leaving Certificate subject choices.

Community Work
Each week the students volunteer for a local charity or visit a local convalescent home.

FETAC Awards
Our students are given the opportunity to achieve awards in Chinese, Barista Skills and First Aid.

TY Specific Modules and Heritage Outings
Outings are designed to give students a greater understanding of the history and culture of Dublin and Ireland. The modules completed help students develop life skills and become active thinking, caring individuals with respect for others and a strong sense of solidarity and social justice.

Work Experience
Students complete two weeks of work experience during the year. This gives them the opportunity to investigate areas that might be of interest to them in their future careers.
The Teresian School is an exceptional learning environment where every student is encouraged to realise their unique potential in a happy and familial atmosphere. Our daughter has thrived both in the classroom under the dedicated guidance of her teachers and while taking part in the many and varied co-curricular activities offered, all the while being mindful of the school’s motto of Joy, Fortitude and Love.”

Parent of 4th Year student

Senior Cycle Programme

All students study:

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<tr>
<th>Subject</th>
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<tbody>
<tr>
<td>Religious Education</td>
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<tr>
<td>Irish</td>
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<tr>
<td>English</td>
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<tr>
<td>Maths</td>
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<tr>
<td>Physical Education</td>
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</tbody>
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Subject Options offered:

<table>
<thead>
<tr>
<th>Subject</th>
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<tbody>
<tr>
<td>Music</td>
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<tr>
<td>Religious Education (Exam)</td>
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<tr>
<td>Biology</td>
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<tr>
<td>Chemistry</td>
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<tr>
<td>Physics</td>
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<tr>
<td>French</td>
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<tr>
<td>Spanish</td>
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<tr>
<td>Business</td>
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<td>History</td>
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<tr>
<td>Geography</td>
</tr>
<tr>
<td>Art</td>
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<tr>
<td>Home Economics</td>
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<tr>
<td>Accounting</td>
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</tbody>
</table>

In partnership with St. Michael’s College we also offer: Applied Mathematics, Economics, Agricultural Science and Construction Studies.

All students are supported in their future decisions and planning through Careers Guidance.
"The Teresian School is our home from home."
Grace Tansey, 1st Year
**Sport**

The Teresian School has a strong sporting tradition. We encourage our students to participate regardless of their abilities or talents. The school boasts an impressive array of sporting facilities - a state-of-the-art hockey pitch and a large multi-functional hall. Sports on offer include: hockey, basketball, tennis, cross-country running, gymnastics, athletics, cricket and orienteering. We also have a dedicated Physical Activity Coordinator whose role is to provide opportunities for our students to become more active, strong and healthy. Classes including yoga, dance and pilates are organised to help achieve this.

**Extra-Curricular**

Students receive academic and pastoral support and encouragement to develop their extra and co-curricular interests in a supportive atmosphere. They are encouraged to develop their talents in drama, music and debating. The staging of an annual school musical is a major highlight of the academic year.

**Ethos Programme**

Students leave here with friendships that last a lifetime! In The Teresian School we aim to inspire students to achieve the best results they can but central to our ethos is that they develop socially and personally into persons who will contribute to society and strive for a more just, humane world. Our ethos programme allows students live out key qualities nurtured through Teresian education. Included in the programme are:

- **Faith Friends** - 5th Year students work with Class 6 in the Junior School to prepare them for Confirmation.

- **Cairde Teiréisigh** - run by 5th Year students it provides security and reassurance to the 1st Years as they make the transition from primary to secondary school. First years are partnered with a cara (friend) in 5th Year who will be their go-to person if they have any worries or just simply want to chat.

- **Dioscesan Pilgrimage to Lourdes** - 6th Year students have the opportunity to take part in this pilgrimage and to assist sick pilgrims.

- **Peru Volunteer Programme** – 5th Years prepare, fundraise and travel to work with Teresian Association projects in Villa el Salvador in Peru during the summer of 5th Year.
How to apply

Fill out an application from and return it to the school with a €50 administration charge. The school will then make contact and arrange a tour of the facilities and a meeting with the Principal.

The application form can be downloaded from the website www.teresian.ie

The Teresian School
12 Stillorgan Road
Donnybrook
Dublin 4
D04E9X5

Email: secondarieschooloffice@teresian.ie
Website: www.teresian.ie

“I love The Teresian School. There are such great sports and educational facilities that help us thrive as students.”
Lauren Boyle 2nd Year.