

# The Teresian School Extra-Curricular Weekly Calendar

Time	Monday - 11 <sup>th</sup> Dec	Tuesday - 12 <sup>th</sup> Dec	Wednesday - 13 <sup>th</sup> Dec	Thursday - 14 <sup>th</sup> Dec	Friday - 15 <sup>th</sup> Dec
AM	All Years Strength and Conditioning (7.45-8.20am)		All Years Yoga (7.45 - 8.20 am)		
Junior School 3 - 4 pm	Class 5 Basketball Class 6 Hockey	Class 4 Basketball Class 3 Hockey	Class 6 Basketball Class 5 Hockey Class 1-6 Give it a Whack Wednesday	Class 3 Basketball Class 4 Hockey	
4 - 5 pm	U16 Basketball Minor Hockey Senior 2 Hockey All Years Hip-Hop	1 <sup>st</sup> Year Basketball Junior Hockey	U19 Basketball Minor Hockey	1 <sup>st</sup> Year Basketball Junior Hockey Senior All-Sport Fitness	All Years Fun Fitness Friday All Years Strength and Conditioning
5 - 6 pm	U19 Basketball 1 <sup>st</sup> Year Hockey	2 <sup>nd</sup> Year Basketball Senior Prem Hockey	U16 Basketball 1 <sup>st</sup> Year Hockey	2 <sup>nd</sup> Year Basketball All Senior Hockey All Junior All-Sport fitness	
Matches:		1 <sup>st</sup> Year B Basketball Match v Colaiste Iosagain (H) 4:30pm  1 <sup>st</sup> Year B Basketball Match v Alex (A) 4:30pm	2 <sup>nd</sup> Year Basketball v Mount Anville (A) 3:15pm		6 <sup>th</sup> Years v Staff Basketball Match for SVDP (3pm)



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The Teresian School Sports