

Teresian Times

Joy, Fortitude and Love

VOLUME 2 ISSUE 2

CHRISTMAS 2015

School Motto

"Let's mean what
we say when we
pray"

Newsletter Team

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"Two are better than one, because they have a good reward for their work: if either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up."



Ecclesiastes 4:9-10

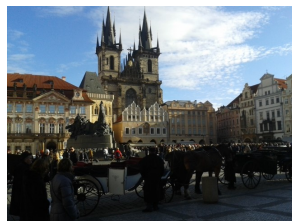
We know that there are
vulnerable people this

Christmas time because we see them on the news each night. People who are on the road, who have no home and who are doing their best simply to live. We should all enjoy our Christmas with our loved ones when we can but we also need to share the warmth where we can, now more than ever. Our work for the Saint Vincent de Paul is part of this sharing, as is our 1st Years' visit to the Mary Aikenhead Day Centre. Our hope in The Teresian School is that we carry this spirit into our wider lives. Our Christmas should reach out to everyone in terms of the strength of the witness that we bear and in the generosity of our spirit.

Anthony Carty
Principal



Prague Trip



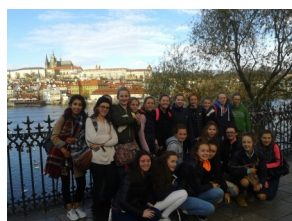
On Thursday morning, November 12, John, Audrey, Pamela and a group of students met in Dublin airport for our trip to Prague. We had a smooth plane journey after which we took a coach ride into the centre of the city.

It was dark by 6pm but we could still see how wonderful the city looked. We had a nice walk down the main shopping street of Prague to get to the Museum of Communism. Then it was off to check in at our hotel. That evening we went to play tag laser.



The next day we went to a crystal factory where we saw crystal being shaped and cut. The gift shop contained some beautiful examples of crystal and also marzipan babies which we bought. After that we went to the Skoda factory where we had a delicious lunch, a guided tour of the factory museum and then onto the factory production line. It was all very interesting. After dinner in the hotel we went to play bowling which was a lot of fun.

On our last morning we went on a guided tour of the old city followed by some shopping to spend the last of our Czech korunas. We had a smooth flight back to Dublin courtesy of Cameron Kelly's brother who was our pilot.



All in all, Prague was a great trip and an unforgettable experience. I would recommend Prague and other school trips like this to everyone. **Grace Childs 2nd Year.**

Concern Debates

The second Concern debate took place in Presentation Bray and the motion of that debate was 'Young people should be trusted to vote at the age of sixteen'. Our team was opposing the motion but it seemed that our points didn't win over the adjudicators and we lost the debate. Sibéal O'Briain, Síofra Carlin, Caroline Finnegan and Kate Eustace were on the team.

Our third debate was in the school against St. Benildus College. The motion of that debate was 'The COP21 climate agreements achieve where others have failed'. Our team were proposing the motion and the motion was carried through as we won. Isobel Duffy, Caroline Finnegan, Kate Eustace and Sibéal O'Briain were the team that night.

The team meets every Wednesday and 4th and 5th years are involved. It's a good opportunity to interact with the other years and also other schools. Síofra Carlin Transition Year.



Library Launch



The school library was officially launched in November with an invitation to the lunch time opening for all students.

Approximately 100 girls came along to sign up as library members and receive their official membership card.

A library committee of Sibéal O'Briain, Clodagh Nic an tSagairt and Ellen Kirwan have been working hard to promote the library. In October over 100 new books were bought, while a computerised library database was designed to help facilitate the borrowing of books.

China Trip

A small taste of the amazing first ever school tour to China. Day 1, After a long and tiring flight we finally arrived in Beijing and were met by our guide for the trip, Liu. We discovered what Beijing rush hour traffic looked like while getting to our hotel.

Day 2, An early start to visit the Confucius Institute who were sponsors of our trip.

Day 3, Today we visited the hosting university (Renmin) for Chinese Culture classes. This is one of the top universities in Beijing. Here the girls took a Chinese language class and painting class.

Day 5, Today we walked The Great Wall Of China.

Day 6, An early start saw us arrive at the Yonghe Lama Temple. Many local Buddhists visit this temple every morning to offer prayers. The ornate beauty of the buildings and the calm surroundings was in stark contrast to the hustle and bustle of Beijing.

Day 7, A visit to the Terra-cotta Warriors described as the Eighth Wonder of the World.

Day 9, We were greeted with a warm welcome and a hot cup of tea when we visited Xi'an Gaoxin High School.



Taken from the daily blog written during the trip.

Christmas Campaigns

1st Year

1st year went on a visit to Mary Aikenhead Day Centre. We prepared songs to sing to the old people and some people did solo pieces. We baked treats for them and we bought presents to give to the old people. When we arrived we went in to greet the elderly and talked to them and gave them their presents. Then we went to the main hall and sang to them. The elderly people enjoyed themselves and started to join in as we started to sing. Overall we had a wonderful experience. **Sophie Eustace 1st Year Segovia**



Transition Year

This year on Friday the 11th of December for our Christmas Campaign contribution, Transition Year did an Eco Café in the Poveda Pavilion. We made chips and pasta. The sauce was made from scratch by us in the Home Economics room. We also sold chocolate Santas. We left classes halfway between break and lunch, Victoria went to the Home Economics classroom to start preparing the chips and pasta, while Segovia set up the room by laying

5th & 6th Year Hampers



everything we were selling / serving out on the tables.

At one o'clock students started coming in to buy food. We had laid out a seating area so that girls could sit down in the room with everyone else instead of going back to their classrooms. We played Christmas music and took photos and sang songs until 1.40. Afterwards we cleaned up and finished what was a very enjoyable activity with a really fun atmosphere.

Sky Sport "Living for Sport"

On Monday the 7th of December Aoife Mc Dermott, International basketball player, came to the school to give a talk to 1st, 2nd, 3rd and 4th years. Aoife is a Sky Sports Living for Sport mentor and successfully represented Ireland in basketball at all under-age levels. She talked to the students about how she got interested in sports and basketball and what she had done and achieved to get to where she is today. She introduced us to the six keys needed for success in sport and told us how mental toughness and hunger to achieve were two of the keys not only necessary to succeed in sport but to succeed in life as well.

She then organised and played games with the classes to demonstrate how these were necessary in playing sport. With the 1st years she played a game with a ball that tested their reflexes and quick thinking and she played similar games with 2nd, 3rd and 4th years. She talked to 4th years about an opportunity coming up after Christmas to partake in the Sky Sports Living for Sport programme. There are only twenty places on the programme and it is yet to be decided which twenty girls will get to take part. The programme encourages young people to improve their sporting abilities and encourage others to do the same. Aoife will be returning to talk to the Transition Years again on the 20th of January about the programme but in the short time she was visiting she inspired us all to try hard to achieve our goals as she has hers.

Farewell to Harry

Sadly at the end of November we said farewell to The Teresian School Caretaker, Harry. He was a well-known character around our school and he will be sorely missed by all the girls. He worked tirelessly to maintain the school. Every day he could be seen around the school mending, painting, fixing and giving us a helping hand when we needed it. He always took an interest in talking to us and greeted us with a smile when we passed him. He was always available at school events e.g. fairs, musicals, open evenings etc. and to help with sets, props, classroom setup and general organisation. He worked in the Teresian School for over 10 years and his presence will be missed. We hope he has a happy retirement and gets time to do the things he enjoys most and hopefully he will keep in contact in the future.



All the school gathered in the hall to wish Harry a happy retirement and to present him with a gift, as a token of our appreciation.



TY Modules

As part of our TY course we have modules every Wednesday for the last three classes. The most interesting modules we did this term were our First Aid Course and Samba Drumming and we also went on a school retreat to Esker, Galway for 3 days too.

The first module we did was the First Aid. It was a two day course and we got a certificate at the end which says that we are first aiders for two years. We learnt a lot in those two full day classes. We learnt about the recovery position, when we should use it and how. Also about how to bandage up cuts and serious wounds but the most important thing we learnt was CPR. We spent a lot of time on this particular skill because it is really vital and important nowadays because you never know when you might need it.

Our second module was the Samba Drumming class. The man in charge of the Samba Drumming is a professional musician. He has his own drumming band and was really good. He had loads of different types of drums and loads of different types of other instruments that I had never heard of until then.

Finally from the 8th of November to the 10th of November all of TY went on a retreat to Esker in Galway. We left on a Sunday evening and came back on Tuesday afternoon. We stayed in a monastery and had small religion classes during day but they were fun because we played games and meditated too. We became really close on the trip with people from the other class and girls that we wouldn't usually be friendly with so overall it was a really good trip.



I have really enjoyed the modules and trips so far and can't wait for more next term.

Abby Casey, TY.



Sports Roundup

Huge congratulations are due to the Junior A Hockey Team who made it to the Leinster Hockey Association Schoolgirls Junior Cup Final. They narrowly lost to Muckross School in the final but this is the furthest a Teresian team has ever reached in this cup and it is a huge achievement. The team were only promoted to the premier league this season. (See match report below).

Equestrian

Well done to the Equestrian team of Ruby Hughes, Anna Byrne, Anna Corless and Isabelle Nally who came 2nd in the Brad Meadow Equestrian Inter-schools Competition. The team also came 1st place in the Kildare International Equestrian Centre Competition recently. Ruby also represented Ireland during the summer and was one of the youngest team members. Ireland came 7th overall in Show Jumping, Dressage and Working Hunter.

Basketball

Congratulations to the U19, U16A and U16B basketball teams who are all through to the semi-finals of the South Dublin Basketball League. These matches will be played in January. 1st Year and 2nd Year league and cup matches will start in January.

Tennis

Congratulations to Olivia Mariotti who recently won the National Tennis Match Play Championships in Mayo. This win has further secured Olivia's position as the number one tennis player in Ireland at U14 level.

Cross Country Team Success – November 2015

Congratulations to the girls who took part in the Blackrock College Cross Country Competition. The team was Jennifer Collins, Alannah Fasenfeld, Anna Keane, Sophie McWilliams and Anna McDonogh. Alannah Fasenfeld was positioned 5th in the minor category.

Sandra Pye, Sports Co-Ordinator

Olivia Mariotti



Hockey Final

The Junior Cup Final was played on Tuesday 15th December in Three Rock Rovers. The



whole school got kitted out and went to support the team. The first half was relatively evenly matched, we held them off well defensively and even got one or two short corners.

Muckross scored a goal just before half time to

make it 1-0. The second half was more of a defensive game for the Teresian team and we managed to keep up the good defence for the first while but soon enough Muckross scored a second, and then a third goal which sealed their fate as the 2015 Junior Cup winners. Fighting against the rain and the wind we tried our best and kept up the fight until the end. We may not have won but we're very proud to have made it there in the first place! **Sarah MacMahon, Team Captain**



Medal Ceremony



The teams line up