

Teresian Times

Joy, Fortitude and Love

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PSALM 127

If it is not the LORD who builds a house, the builders are wasting their time.
If it is not the LORD who watches over the city, the guards are wasting their time.
It is a waste of time to get up early and stay up late,
trying to make a living.
The Lord provides for those he loves,
even while they are sleeping.

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Psalm 127 reminds us that unless we are doing the right thing and seeking the right blessing for our actions, we cannot assume success.

Building on Success

Teresian girls live out a rich life in a community which extends well beyond the grounds of the School. Our students enjoy learning relationships with all kinds of people, as we see in this newsletter. When we congratulate our Leaving Certificate students, 50% of whom achieved over 500 points, we attribute that

success to right living, thinking and caring, praying for and working with others. We congratulate our successful Junior Certificate students in the belief that they too will develop every part of their lives, as those whom God loves.

Anthony Carty, Principal

Our condolences and prayers go to the friends and family of Father Martin Clarke, PP. RIP.

Visit of Dr. Maite Uribe, President of the Teresian Association

Our first term was enlivened by a visit from the President of the Teresian Association, Dr. Maite Uribe, shortly before mid-term. On Wednesday 16th October, Maite attended our School Mass which had been specially postponed to coincide with her visit. Despite the atrocious weather the Mass was an uplifting experience, the choir enhancing the event with their well-practised singing.

After meeting the Staff over lunch Maite greatly enjoyed a concert-presentation by the Junior School.

The following morning she was happy to raise the (second) Green Flag gained by the Junior School for conserving energy, in celebration of which each pupil received an ice-cream. Later in the morning the Secondary School showcased some

of their programmes and activities, interspersed with items of music, singing and dance. Maite then briefly addressed the students, thanking them and encouraging them in their overall development.



On Sunday afternoon there was a reception in the School when parents, families and friends of the Teresian Association met the President. She was welcomed by repre-

sentatives of the Parents' Council, the Past Pupils Association and families of TA members. Our thanks go to groups of 6th Year students who acted as hostesses for the afternoon. Maite left Ireland with a very positive impression of Teresian activities here, saying how pleased she was with the holistic approach and high academic achievements of the School.

Hilda Geraghty, Assistant Principal.

We were lucky to have Dr. Maite Uribe, President of The Teresian Association visit us this term. Maite attended our School's opening mass and a lunch afterwards, and a performance from the Junior School. She visited the Secondary School the next day to raise the Junior School's green flag and to watch a performance in her honour, hosted by the 6th Year Captains, with acts from each year showcasing talents such as singing, Irish dancing and various musical instruments. There were also presentations on the Emmanuel Concert, TY activities, the 6th years trip to Lourdes and even one on our school through Spanish! On Sunday there was a reception in the school with members of The Teresian Association, their family and friends, past pupils and teachers all invited to celebrate Maite's visit. It was a great honour for us to have her come and visit the school and show her what a Teresian school in Ireland is like, and we really hope that she enjoyed her visit and will return again soon!

Gillian Morrissey and Emily

Past Pupil's Dinner



Jury's Ballsbridge: venue for the Past Pupil's Dinner

On Saturday 19th October the Past Pupils Association Dinner was held in Bewleys Hotel Ballsbridge. It was organised by Amanda Byron, Caroline Sherry, Clara Kavanagh and Allanah Hannon. It was well attended and the class of 1983 and the class of 1988 took advantage of it to celebrate 30 years and 25 years respectively. We were delighted to see a large table of present and retired teachers. Brenda Hynes was congratulated on her new posi-

tion as Deputy Principal. Anthony Carty was welcomed as new Principal and thanked for all the support he gives to the Past Pupils. They pledged to help him if he needed anything. Natuca Cordon was then honoured for her time as Spanish teacher and TY Coordinator and later as Principal. She was presented with a small gift. The next dinner is in 2015 we can't wait!

**Morwenna Quinn
President TPPA**

Peru

The Fifth Years have been given the opportunity to travel to Peru with Hilda Geraghty and Morwenna Quinn for three weeks this summer. Fourteen students will be chosen to go to Villa El Salvador where there is a Teresian Association project. We intend to volunteer our time to teaching children English as well as revitalising and uniting the community. This Peru Project has been offered to fifth years in The Teresian School since 2006. We are all incredibly grateful to have the chance to help those living in poverty in Villa. We are very excited and motivated to start fundraising for this project and to do everything we can to make sure we can be the Peru Crew of 2014.

Hazel Mac Mahon (5th Year)

Ní Hao!

Every Friday Transition Year do a module in the Chinese language. A native Chinese teacher kindly comes in from UCD to teach us Chinese for the afternoon, her name is Jenny and she is really nice. We really enjoy our Chinese module and we have been learning a lot about both Chinese culture and language. It is very inter-

esting and very different from any other language we have ever learnt. Although we are not very good we take pleasure in the module and enjoy practicing our Chinese conversations, and we are slowly improving and getting more confident.

Gemma Sommerville



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Parents' Council

The Secondary School Parents' Council meets once a month to discuss and organise annual projects that assist the school in our daughters' all round education. The Council is made up of two parents representing each year, a Teacher's Representative, Kathleen McCormack, and the Principal Anthony Carty. This term the projects that involve the assistance of the Council are a Careers Night for our TY, 5th and 6th Years which will be held on 14th November and the Mock Interview evening on 4th December for 6th Year students. The 'piece de resistance' for the parents will be our **SOCIAL** on 28th November when Alva O'Sullivan will talk on Nutrition and Exercise and it will be followed by cheese and wine. See you there!

Sheila Scott, 6th Year Parent Representative

First Aid and CPR

One of the main benefits of Transition Year is learning new skills we have never learnt before. This year, we spent two days learning about First Aid and CPR (Cardiopulmonary resuscitation).

Our First Aid instructor was a man named Gary. He taught us all how to bandage up different kinds of wounds, such as cuts,

breaks and burns. We also learnt how to deal with different dangerous situations, such as fainting, angina, heart attacks, diabetes and epilepsy seizures. We learnt how to put someone in the recovery position when they are unconscious and how to administer CPR to someone who is not breathing. Overall, we gained a greater knowledge of safety and learnt very valuable lessons that will hopefully help us in the future.

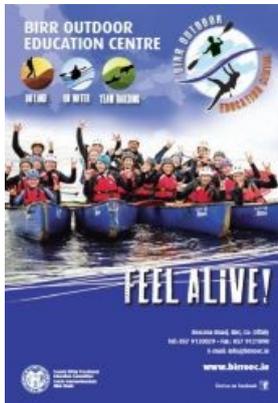
Rachel Byrne



**Timely CPR
saves lives**

Birr Activity Centre

Towards the end of September our Transition Years went to Birr Activity Centre in Offaly. We stayed in the accommodation for two nights. The first night we arrived very late and went straight to sleep as we were all tired from the bus journey. Our year was split into two dormitories and we slept in bunk beds. We were woken up very early the next morning and brought on a bus to do abseiling and gorge walking. It was really



enjoyable and a lot of people overcame their fear of heights. That evening we did rock climbing and zip lining which was very thrilling. The second day we all went canoeing in a river which was followed by jumping off a pier. A lot of the people in our year said they enjoyed that activity the most as it was very exciting. The overall feedback from the trip was extremely positive. **Zoe Walsh**

Criminal Courts Visit

Recently, we Transition Years went to visit the Criminal Courts of Justice. We got shown around the Criminal Courts by a barrister. We did a mock trial where we all played different roles in the court case. We also got to sit in on a real case. The case was a Tiger kidnapping. A Tiger kidnapping is when a family is kidnapped to aid a robbery. It was an interesting and exciting experience although the verdict wasn't reached by the time we left. **Grace Shannon**



Opening Mass at Donnybrook

I was delighted to have been chosen to represent the school for our opening School Mass. It was nerve wrecking on the day, and I was happy when it was over! And the happy smiles my parents gave me at the end looking back at me! The following day I played the harp for the President of the



Teresian Association who has been visiting us and others all over the world. I was a bit nervous during the performance because I hurt my hand a few days before that. But overall it went really well and I'm proud of myself!

Irina Kearns

First Day

When I walked into School,
I didn't know what to expect.
I had lots of bags of books,
My arms and back were wrecked.

I was brought into the Library, And I saw
everyone with skirts,
A navy jumper, black school shoes,
And plain white ironed shirts.

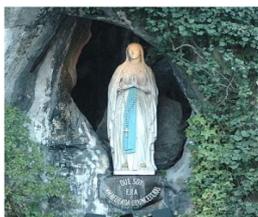
I saw my good pal at the door,
And together we sat as friends,
We admired the different uniforms,
Each with individual trends.

I got lost a couple of times,
My schedule was hard to read,
But I found a friendly older girl,
Who helped me and did a good deed.

This poem nicely captures the experience of a 1st Year Student!

Lourdes 2013

This September six of us from Sixth Year travelled to Lourdes on the Dublin Diocesan Pilgrimage with Elsie. There we were taking care of pilgrims from all areas of Dublin and we made the most of the amazing opportunity we had in going there. It



was a humbling and inspiring trip and we are all looking forward to returning again in the near future. We are all extremely grateful to the school for making this unforgettable experience possible and a special thanks to

Elsie Sebastian for accompanying us. **Anna Scott**

Careers

Over the past few weeks some of the Sixth Years have been applying to colleges in the UK, with the help of our new Careers Guidance Counsellor, Jean Doyle. It was quite a lengthy process and involved the drafting and re-drafting of many personal statements, however Jean was extremely helpful. She is an expert in her field and with her guidance we were confident that our applications were completed to the best of our abilities. Although the UCAS application process was quite demanding, we all found it to be a very valuable experience. Jean has given us excellent insight into potential third-level courses which we may not have otherwise considered, and we all look forward to working with her more over the coming year. **Alannah Irwin**



Let's Go Teresians!

Sport

Combined Events 2013

This year on the 23rd October 2013 the Leinster Athletics Combined Events took place in Athlone in AIT. This track is a new indoor facility only opened in January earlier this year. It was not my first time at the track but was my first time representing the school there. I, Katie Magee, along with Jane Terry (both 2nd Year) represented The Teresian School in the Minor category and Sarah Gardiner (3rd year) competed in the Junior age group. The Combined Events consists of High Jump, Long Jump, Hurdles, Shot Putt and 800 metres. We had an early start as the competition began at 10 am and we had to do a warm up but once the day started it went very quickly. There were great results throughout the day, I came third in the High Jump with a jump of 1.47m, and Sarah also jumped well clearing 1.35m. In the long jump, Jane jumped well receiving a personal best of 3.41m. The long day came to a close with the 800m and the Teresian dedication could be seen with a sprinting battle towards the finish line. I greatly appreciate the help and commitment from both Nikki and Vivienne in organising and preparing us for the day and I hope we did you proud! We are still awaiting the results nervously but we are all proud to have represented our school so well and hope to do so again in the future.

Katie Magee, 2 Victoria

HOCKEY

The First Years have been very enthusiastic this season and recently had a great win over Loreto On The Green. Their continued commitment at training is an inspiration to all of us! The Minor A team unfortunately lost their first league game to Loreto Beaufort but their 4-1 win over Loreto On The Green has shown their great potential. The Junior A team celebrated a fantastic 2-0 win over Jesus and Mary College in the DSCSHL in early October, and this early success has given them great hopes for the coming season. The Junior C league campaign has yet to start due to the postponement of their game scheduled for Thursday this week so we wish them the best of luck when they take on Cabra. Since early September the Senior 1 and 3 teams have been training hard with Nikki and the assistance of new coach Justin Sheriff. The Senior 1s got off to a great start this season beating Newbridge 3-0 in our first league game, and remain undefeated in the DSCSHL. The senior 3s narrowly lost their league match against St. Wolstans this Wednesday but their performance showed their great improvement since the start of the season.

Rachel Dillon

BASKETBALL

The Under-19 team has been very successful so far this season. On the 7th October we travelled to Mayo to play St. Louis' Kiltimagh in the first round of the All-Ireland Cup. It was a very tight match. However we were victorious in the end, despite having only five players due to injury! In the next round we played Loreto College Mullingar, and a win in that match has put us through to an All-Ireland Quarter-Final. In the Dublin League, one great win over Holy Family, Newbridge and one narrow loss to Castleknock Community College have left us very hopeful for success this coming season.

Alannah Irwin

BASKETBALL

The U16 basketball team has been doing very well so far this year. We have had a very good run in the league, winning 2 out of 3 matches. It was a very convincing win against Holy Family. We travelled to Newbridge on 6th October. Rachel Leavy and Ciara Jones played a fantastic game, scoring 20 points between them. We won our match in the first round of the All-Ireland Cup against Loreto Mullingar, which also was an away game. It was very intense in the first half of the game, there was only one basket between Teresians and Loreto. The second half was when the Teresian girls started playing well and ended up winning the game with a 10 point lead. Kate Maguire and Grace Mullin played very well and brought home the win for us. Unfortunately we lost our match in the second round of the All-Ireland cup against Loreto Stephens Green. The Teresian girls played very well and were winning up until the last quarter, then the Loreto girls started scoring lots of outside shots and unfortunately we were not able to defeat them. Overall the season has got off to a great start! We are very proud to be captains of this hard-working, committed team.

Alva Lawler, Rachel Leavy (U16 basketball co-captains)

Debating

There have always been avid senior debaters in the Teresian School. At the start of this academic year we set up a weekly senior debating club. This has provided a fantastic opportunity for students to discuss potential motions, on economic, legal and humanitarian related issues. Last year, members of our team got through to the All Ireland European Youth Parliament Conference, where we got to debate on current political

topics. Just recently, two 5th Year students got through the first round of the Trinity College

CONCERN worldwide

Mace School Debating Competition. As senior students we have recently acted as adjudicators for the St Belvedere Debating Competition, one of the largest

school debating competitions in Europe. This week, our team won the first round of a competition run by the Irish charity CONCERN. We have had so many successes so far, and will continue to strengthen as a Teresian School senior debating team, through many more competitions this academic year.

Carmel Coultan 6th Year