



Teresian Times

Joy, Fortitude and Love

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LUKE 2:13-14

And suddenly there was with the Angel a multitude of the celestial army, praising God and saying, "Glory to God in the highest, and on earth peace to men of good will."



We are people of goodwill and we deserve peace

As St. Luke says here, Christmas can come across us suddenly. We are in the middle of other things, and although we are making our preparations, are we really ready to take a break from everything? Are we ready to spend time with the ones we love? Christmas is a time to find peace if we want it, and

there are not that many times like this in our lives. It's hard to think about stopping when we are all so busy: students, teachers and parents. We're always working toward the future, but sometimes we have to see what we have around us right now. Christmas is that chance. We have all worked hard this term, in

different ways. I feel it has been a successful term. We have welcomed Maite Uribe, the TA President, we have hosted our Open Evening and we have raised funds for those in need. We have engaged in countless activities in and around the School. Let's enjoy Christmas. **Anthony Carty, Principal**

Our condolences and prayers go to the friends and family of Father Martin Clarke, PP. RIP.

Christmas Campaigns – Mary Aikenhead Centre

On Friday the 13th Dec we visited the Mary Aikenhead Centre which is a day care centre for the elderly. At 1pm we left the school dressed up in Santa suits and reindeer costumes, with the food we had made for them in our bags. When we arrived, we sat in the hall while the people came in and sat down. We got into our three singing groups from when we had rehearsed some songs for them. Katharine Bailey and Charlotte Flavin played the piano and Katherine Arnold sang a solo. My group sang "12 days of Christmas" and "Rudolph the red nosed reindeer". The elderly people sang along to all the songs and sang a few

themselves. One man named Richard Doyle sang "You are my Sunshine"! We got them all a present which we placed into a Santa sack, where Kate Browne and Charlotte Deegan, dressed in Santa suits with a few others, gave out the presents to them. Overall, it was a really worthwhile experience. It made the Christmas campaigns come to life for all of us in First Year in the Teresian School and we look forward to building this tradition!

First Year Students



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News

Beidh ciorcal comhrá Gaeilge ag tosnú sa scoil. Tabharfaidh sé seo seans dúinn chun ár gcuid Gaeilge a cleachtú agus a feabhsú. Beimid ag caint is ag caibidil as Gaeilge agus beidh an-chraic agus spraoi againn. Toisc go bhfuil cearthú faoin gcéad ag dul don Béaltriall anois san Ardteist tá sé fíor tábhachtach a bheith ag labhairt an teanga chomh minic agus is féidir libh! Beidh sé ar siúl gach Déardaoin ag am lóin, ag a ceathrú tar éis a haon, i Linares. Tá fáilte roimh gach duine teacht!

Alannah Irwin, 6th Year

We are going to Peru



Small Hats for Peru

This summer eleven Fifth Years are travelling to Peru to volunteer with the Teresian programme over there. It's essential for us to fundraise so we can have money to bring over with us to aid the community. We will be holding fundraising events and activities throughout the year within and outside the school. The first of these is already underway. We are selling little handmade hats for use on bottles, as egg cosies or Christmas decorations, for €2. All proceeds from this will go to Peru.

We hope to carry out many creative ideas for fundraising this year instead of the usual bake sale. We are very appreciative of everything we raise for this deserving project and we hope the pupils and staff enjoy helping us to raise this money. We look forward to getting the pupils and staff involved with this fundraising as it reinforces the importance of solidarity within the immediate area and the far away community and how each strongly affects the other.

Hazel Mac Mahon (5th Year)

Christmas Campaigns throughout the school

On Friday 13th December, the secondary school took part in an annual Christmas campaign. The First years went to a home for the elderly and sang Christmas carols for them. The sixth years organized Christmas hampers for the Saint Vincent De Paul, they encouraged the rest of the secondary school to help gather items for the hampers, and this resulted in masses of food and toys blocking the doorway to the sixth year classroom.

The 2nd, 3rd and 5th years took part in a quiz that day, teams of 5 were given a starting classroom and had to answer questions on subjects such as math, Irish and English. The winners of the quiz were given a tin of chocolates.

By Molly Whelan

PARENT'S SOCIAL EVENING - 28th NOVEMBER 2013

Alva O'Sullivan gave a wonderfully informative talk to the parents of both the senior and the junior schools on nutrition. The talk was full of tips for every member of the family on trying to attain optimum health through nutrition. Alva stressed the importance of reading labels on food rather than just believing

tions from the parents in relation to issues such as the benefits of organic chicken, sugar replacements, sports drinks and gluten free foods.

Afterwards the conversation continued accompanied by wine and cheese from Donnybrook Fair and the Wild Goose Grill. Parents had the chance, and took it, to get to know the other parents in the school. It was a very informative and relaxed evening enjoyed by all who attended. The Parent's Council is hoping this will become an annual event.

By Mema Byrne 4th Year Parents Council Representative

Teresian Times



Timely CPR saves lives

talk was reflected in the amount of ques-

Cards for the Philippines!

We are students in 3rd Year Victoria and in our C.S.P.E class we have been looking into the concepts of human dignity and stewardship. We have



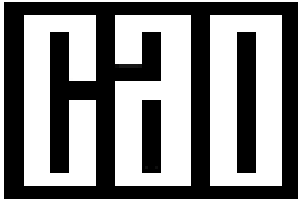
carried out an Action Project based on these concepts.

In light of recent events in the Philippines we designed and created Christmas cards to raise money for the Philippines at this hard time. We sold our hand-made cards to parents and students of this school. All profits made have been sent directly to aid the Philippines.

By Ruth Lynch, Ellen Kirwan and Clodagh Nic an tSagairt, Third Year Victoria.

Preparing for the Future

This term our new careers guidance counsellor, Jean Doyle, has been working with the 6th Years preparing for the CAO. There have been many events organised to help the 6th Years make the most informed choice that they can on their CAO. This has been done through various talks arranged by Jean, including



speakers from TCD, DIT, IADT and UCD. Furthermore, a **careers evening** took place for Transition Years, Fifth Years and 6th Years on the 14th November where speakers from nine different careers spoke to the students. These careers ranged from architecture to film production and it was a great success with students capable of gaining a great insight into their

preferred career and the path they should take in getting there. **Mock interviews** were also arranged for the 6th Years in early December. In this, students were interviewed by a panel of various professionals that work in the areas that each student had an interest in going in to. These interviews were a great confidence building exercise and we thank Jean and the Parents' Council for organising it for us.

Anna Scott

Opening Evening 2013

The evening commenced with Rosaleen Doherty, Chairperson of the Board of Management welcoming all to the first Open Evening of The Teresian Secondary School. Rosaleen introduced Anthony Carty the Principal of the secondary school. Anthony Carty opened the evening by explaining the school motto of 'Joy, Fortitude and Love' and how it is incorporated into school life. Anthony then introduced the first speaker, Morwenna Quinn, Chairperson of the Past Pupils Union. Morwenna praised her time in the school and also spoke of her continuous involvement with the school. Both Morwenna and Hilda Geraghty accompanied 17 of the 5th year students to

Peru in 2012. This was a wonderful experience for all involved, and they intend to travel again in 2014 with the present 5th year students. Anthony Carty introduced the next speaker, Anne Somerville, who is mother of one of the current Fourth Years and also of a past pupil. She also spoke of her pride in the Teresian School and of the exceptional education she felt it had provided for her daughters. She attributed this to the holistic approach of the school in educating and nurturing the students, thus enabling graduates to become valued members of society. The final speaker was a past pupil of the school, having only finished her Leaving Certificate this year. Ciara Kidney Butterfield spoke of the many enjoyable years spent attending the school. She praised

the school for the way it encouraged her personal education. For example, they facilitated her particular skill for languages by accommodating her wish to sit several Leaving Certificate language exams, an unusual and ambitious request. This enabled her to pursue a degree in European Studies in TCD. All the speakers were well received and spoke with a gentleness and confidence that exuded a warmth and enthusiasm for their experience with the Teresian School. The Deputy Principal Brenda Hynes invited all those in attendance to take a guided tour of the school in the company of designated student guides. Refreshments would be provided after. There was a buzz about the school as parents were per-

Las estudiantes de TY

El día 25 de noviembre las estudiantes del año de transición prepararon una fiesta para las estudiantes de quinto y sexto para celebrar el día de la Hispanidad. Las estudiantes prepararon **tortilla española, tapas de jamon serrano, chorizo, aceitunas, pan tumaca y sangría (¡sin alcohol!)** y se juntaron en el Pabellón de Pedro Poveda a la hora de la comida para disfrutar de la buena comida y **hablar** un poco en **español** con los intercambios.

mitted to not only to inspect the facilities on offer but also view the small exhibition that each Year group had set up in their own classroom. Each exhibition space was curated by some students who enthusiastically explained their classwork and answered any questions. Everything ran very smoothly with plenty of discussion between parents and students. Prospective parents could also chat with the parents of current students who were present. All in all the night was a momentous occasion that owed its success to the commitment of the school staff and students.

By Margaret McKenna 6th Year Parent

Careers Night

On Thursday the 14th November 2013 the 4th, 5th and 6th Year students were invited to "Careers Night" to listen to ten different speakers from diverse occupations talk about their careers and answer questions from the girls on their area of expertise. The evening was a huge success. Each of the speakers gave the girls a realistic explanation of their particular career as well as explaining the training or career path that led them to their current position. Each of the

speakers told the girls that they should only choose careers that they are interested in as they will excel in areas that interest them. John Hayes, film director, kicked off the evening. John explained the variety of careers that may be carved out around the film production industry. Julie Curtin, Marketing Manager with Country Crest Foods spoke next. She informed the girls that the agri-food industry in Ireland is huge and that no day was the same. Esmonde O'Briain, architect, informed the girls that

he specialises in medical buildings such as hospitals. Esmonde noted that women have become very prominent in the profession. Sharon McMahon Kennedy, HR Manager in Dunnes Stores imparted her passion for retail to the girls. Ruth Scott, DJ, explained that she started off DJing as a hobby. Ruth explained that her job is great fun but that radio is a medium that is undergoing a lot of change and the future of radio is uncertain. Aileen O'Meara, journalist, explained that a journalist is essentially interested in

answering the question 'why?'. She explained that it is a varied career that is challenging and women tend to be naturally good at talking to people and thus naturally good at journalism. Aileen worked in RTE and now works in an independent production company. She emphasized the importance of getting involved in a college newspaper, magazine, or blog if you are interested in journalism. **Mema Byrne, 4th Year Parent Representative**



Let's Go Teresians!

Sport

Champions!

A huge congratulations to both the U16 & U19 teams who won the SBAI (B) league. The U16 team faced Our Lady of Mercy, who they previously had only beaten by 2 points earlier in the league. The girls took an early lead and fought hard to keep it, with excellent performances by Captains Rachel Leavy & Alva Lawler, and some exceptional rebounds and steals from Holly Madigan & Ciara Jones. 1st Quarter 13-9, 2nd Quarter 22-18, 3rd Quarter 39-26, 4th Quarter **46-30**. Team: Rachel Leavy (c), Alva Lawler (c), Ciara Jones, Roisin McGrath, Kate Maguire, Isobel Duffy, Thea Kennedy, Grace Mullin, Holly Madigan, Sarah MacMahon.



centage which allowed us to get ahead in the third quarter. The game was ours for the taking in the final quarter as everyone went above and beyond, with excellent scoring from Allison McGrath who scored 14 points in that quarter alone! Our fast breaks were unstoppable and Castleknock could just not keep up. 1st Quarter 7-13, 2nd Quarter 22-22, 3rd Quarter 35-32, 4th Quarter **64-42**. Team: Clodagh O'Halloran

(c), Alannah Irwin (c), Rachel Dillon, Anna Scott, Sarah Wong, Allison McGrath, Sophie Barron, Rachel Leavy, Alva Lawler.

Two excellent matches and two excellent wins! Well done to all players involved; you all played a vital part in your team's victory. Sandra Pye



The U19 team came up against Castleknock Community College, a strong team who had previously beaten them in the league by 12 points. The girls were trailing by the end of the first quarter, but they were determined to change that and as promised by the end of the half the teams were level. Defence was stepped up, our shots were falling and Captain Clodagh O'Halloran had a great rebound per-

BASKETBALL

Both Junior and Senior basketball teams have had amazing success so far this season. Last Tuesday, both teams were in the league final in the Oblate Hall, Inchicore. Our teams won both of the finals with the help of all the blue and yellow supporters. We have now qualified for the All-Irelands so hopefully our success will continue into the new year. The 1st year and Minor basketball leagues are due to kick off in January and we're wishing them the best of luck with their seasons!

Rachel Dillon

Maths Quiz

During November all the Year groups came together for a Maths quiz. It was between Áthas, Misneach and Grá. Áthas won, congratulations to them! Cathal, Brenda, Anne and Andrew put the questions together and Cathal presented them. They were a bit too hard, for Second Year Maths! It benefited having all the other years, for the answers and for getting to know everyone! Especially for the first years! I would definitely like to do another one, maybe in other subjects too! It was very good fun.

Jane Terry 2V

TY Christmas Centrepiece

As part of our Transition Year programme we have had the opportunity to do both Horticulture and Chinese classes. This means our year was divided into two groups, with one group having Horticulture up until Christmas and the other Chinese.

As part of our preparation for Christmas we all came together as one Year group in the Povedas with our Horticulture teacher Dymrna, who some of us had previously worked with and we were also aided by Elizabeth McCullough.

We began to make Christmas centrepieces out of some oasis using the branches of Christmas trees along with ivy and bay leaves. Once the oasis was entirely cov-

ered up we began to decorate the centre of our Christmas centrepiece with objects such as cinnamon sticks, dried lemon slices, berries, pine cones, Christmas tree decorations and candles. We used spray paint and different ribbons and decorations to make our centrepieces look seasonal and individual to each of us.

The festive atmosphere got us all prepared and in the mood for Christmas and was an enjoyable and fun experience for all.

We now all have our own Christmas centrepiece which should last us until after Christmas as long as we keep them watered!

by Natalya Sheeran