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# Teresian Times

Joy, Fortitude and Love

**SUMMER 2018**

Aim for the year

*"United in  
doing good"*

## Message from the Acting Principal

And so we come to the end of another busy school year! For our 6th Year students there is a real mixture of emotions, expressed in their reflections in the Big Book in which all 6th Years are invited to write. There is excitement at the prospect of moving on to something new but also feelings of sadness about leaving the School community and traditions behind.

We pray that the education our 6th Years have received, first and foremost at home and built on here in School, will be their guide in our increasingly complicated world and that their faith, nourished as it is in our School, will help them through challenging times in their lives. We wish them success in their Leaving Certificate and beyond and look forward to hearing in due course about the paths they have chosen to follow.

A lot of hard work has been done by teachers, students and parents during the year and I hope everyone has the opportunity during the summer holidays for refreshment and renewal. It was an eventful year when we all enjoyed our new build and refurbished School and when our strong School spirit shone through in sport, drama, academic work, extra-curricular activities and so on.

I wish to thank everyone in our School community for your support throughout the years, particularly this year when I had the privilege of acting up as Principal. It has been without doubt a huge challenge but I did not work alone and I am grateful for the guidance of the Board of Management, the support of the School trustees and of Deputy Principal Damien McCormack and our teaching and non-teaching staff.

While looking forward to my retirement I will miss teaching and the daily interactions with students. I will follow your progress through the School and wish you happiness and success in your future endeavours.

I would like to extend a sincere welcome to Deirdre Hickey, newly appointed Principal of the Secondary School, and to wish her all the best as she takes over the helm of our beautiful School.

As I plan to keep in touch with the School community I won't finish with adios, rather with hasta la vista!

Brenda Hynes

## Spanish Exchanges

Some snapshots of another successful Teresian Exchange between our school and the Teresian schools in Madrid, Valencia and Alicante.



# Friendship Week

Friendship Week was held from April 16th -19th. During this week a series of activities was organised focusing on the theme of friendship, cultural integration and wellness.



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On Monday there was a concert with students performing music, song and dance from China, Ireland, India and Spain. Students also had the opportunity to take part in a Mindfulness session - a calming start to the day. Continuing the multicultural theme was a lunch on Wednesday with students and parents from at least 16 countries providing delicious dishes from their native country. Everyone had a chance to sample every dish and we all had an interesting, scrumptious lunch and great fun. Heartfelt thanks to parents, students and staff who generously went to a lot of trouble to prepare native dishes. Some dressed in beautiful traditional costumes which added to the occasion.

The final event of the week was a performance by Simon James which went down a treat with 1st to 3rd Years. Apart from singing several popular numbers, Simon spoke to the students about internet safety and discrimination.

As a result of Friendship Week a donation of €805 was made to the Donal Walsh Live Life Foundation.



# Summer Fair

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A huge congratulations is due to our 6th Year parents for a most enjoyable and successful Summer Fair on Saturday April 14th. A massive amount of work and time was put into preparing for the Fair and this was rewarded with a big attendance and a great buzz around our beautiful new entrance area and faithful old hall. The weather was very kind to us and there really was something for all age groups!



Thanks to everyone who contributed food and cakes and items for the various stalls, donated prizes, bought raffle tickets and so on. Thank you for your generosity before and on the day. The Summer Fair is always a special occasion, attended by present and past parents, students and friends, when our School spirit really shines through.



## SciFest @College

### SciFest@College:

Nine of our 1st Year students competed in SciFest@College at DIT Kevin Street on Friday 13th of April. Four projects were

entered into the competition, with 75 projects competing in total. Lauren Boyle and Lucy Curran won a DIT Special Commendation Award for their project on “How Make Up Affects Your Skin”.



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*Well done to all the girls who competed.*

## ENGAGE Seminars UCD



A group of Transition and 5th Year students attended the ENGAGE event hosted by the UCD School of Biomolecular and Biomedical Science.

During the Seminars, PhD students explained their scientific research in an engaging and entertaining way. This year, the six finalists presented their work from a range of biomedical subjects including diabetes and obesity, heart disease, muscular dystrophy, sports injuries and genetic diseases.

In addition to the presentations, there were exciting science workshops for students in the state-of-the-art outreach laboratory.

The workshops included an exploration of the world of bacteria, viruses and fungi, a demonstration of how artificial organs for transplantation could be manufactured in the near future, and a CSI-style forensics investigation where students had to collect clues during a crime scene investigation to help solve a crime.



## Salters' Chemistry Festival

Salters' Festival of Chemistry for 1st Year students took place in Trinity College Dublin on Saturday 21st April. Twenty schools took part. The Teresian School was represented by Siofra Delaney, Jessica O'Hagan, Flynn Carter and Dorothy Miller Carney. The students had a fantastic day working in the Cocker Chemistry laboratory in TCD and the day ended with an exciting live Science show. Congratulations to our students who took part.



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## STEM Club

Over the third term, students got involved in a range of biology, chemistry, physics and engineering activities. In biology, students got the opportunity to watch and perform dissections of different organs, including a heart, lungs, liver and kidneys. In physics, students took part in 'the impossible challenges', a set of challenges designed to test balance, center of gravity and coordination, and students successfully stood on eggs without breaking them! Students designed moving balloon cars in engineering and played with bouncing bubbles in chemistry. To finish the year of STEM Club students observed a series of chemistry demonstrations including Elephant's toothpaste, Flour Explosion, Flame Tests and The Whoosh bottle. A huge thank you to the teachers involved, Richard Morris, Hannah Campbell, Aisling Burke and Rachel Hynes-Roche, as well as our STEM leaders, Emily Appleby, Aoife Casey and Sarah MacMahon.



STEM Club continues to provide opportunities for students to become inspired by exploring science, technology, engineering and maths. All are welcome - every Friday from 8.10 am to 8.35 am.

# Active Schools Week



## Peru Fun Run

To kick off Active Schools Week our TY students organized a Fun Run on Sunday 23rd April. This was run in conjunction with the PE Department. A great morning was had by all and €2,200 was raised for Peru and the Hockey Pitch Fund. All participants enjoyed a delicious ice cream at the end of their run!

*Many thanks to all who contributed to the event and for your support on the day!*



On Monday we held a whole school assembly with a surprise flash mob! It was great to have every student in the Senior School performing the same dance. It was not an easy task, but they pulled it off and the staff, who had no idea what was planned, were really impressed. Well done to the Junior School dance teacher, Megan Doherty, who worked hard the previous week to put it all together.

Throughout the week, the following events took place:

- TY students ran an activity with Pre-School, Kinder A & Kinder B
- 5th Years ran an activity with Class 1, 2 and 3
- 6th Years ran an activity with Class 4, 5 and 6
- 1st, 2nd and 3rd Years went rock climbing in UCD
- 5th and 6th Years had a talk from Megan Williams (Irish Rugby Women's National Player / Move Energise Glow)
- Athás, Misneach and Grá competed in a competition to see who could cycle the furthest (thanks to McSports for lending us 3 spin bikes for the day)
- Staff v 6th Year Dodgeball match (ended in a draw!)

It was a memorable week and one we hope to develop and improve on for next year.



## Emmanuel Concert

Emmanuel took place on May 2<sup>nd</sup> in the Helix theatre in DCU. Schools from all over Ireland attended including our 1<sup>st</sup> Years, 2<sup>nd</sup> Years and some of our committed TYs. The event is a celebration of liturgical music. The day began with a rehearsal and games in the church. We really enjoyed taking part in the games and getting to know the other schools. This was followed by a dress rehearsal in the Helix. The show began at 7:30pm and we were glad to see support from teachers and parents. We were proud to have two of our own students Marcella Buono and Siofra Delaney singing solos. We were also lucky to have Nieves Chaves present a reading. A lot of work and preparation went into preparing for the concert so we were glad to see everyone enjoyed it. It was a very rewarding experience, and we're looking forward to participating again.

By: Nieves Chaves and Chloe Costelloe



## TY Camino Trip

Congratulations to all our TY students who on Friday June 1<sup>st</sup> completed their 118km trek across Galicia in northern Spain. They walked from Sarria to the Compostela in Santiago over 5 days covering from 19 to 29 km a day!

They had an amazing time immersing themselves in Spanish

culture and improving their language skills. They all demonstrated incredible determination and were wonderful ambassadors for the School. What a wonderful end to Transition Year!



## 6th Year Farewell

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May 18th marked the end of an era for the class of 2018. The 5th Years who design and prepare this event worked extremely hard in advance and on the night.

The evening started with a beautiful mass in the Poveda Pavilion with parents, teachers and students taking part. After mass there was a lovely sit down meal in the old hall prepared and served by the 5th Years. The hall was decorated in the theme of Walt Disney's Dumbo! It was a wonderful evening thoroughly enjoyed by all. We wish the 6th Years every happiness and good luck in their future lives.



## Jump for Joy

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On Tuesday 15th May we held our annual Jump for Joy competition. Every year our 6th Years take on the organisation of this with our Sports Coordinator. This year the students decided to give each year group their own theme and they had to dress up to represent that.

The afternoon was thoroughly enjoyed by all. The girls competed in their teams of Athás, Misneach & Grá in an obstacle course, hungry hippos, sticks (long jump competition), skipping and lots of relay races. The winning team was Misneach! To finish off, we had the Staff v 6th Years Rounders match..... with a win by the teachers!

All money raised from the Jump for Joy will go directly to Crumlin Children's Hospital.



## Hockey

Well done to our Junior Premier Hockey team who played in the Plate Final. They fought an excellent fight but sadly lost 0-2 to a fantastic Wesley team. Great game girls and a great season!



## Basketball

In Basketball, 1st Year teams have done incredibly well. The 1st year C team reached the semi final of the South Dublin League. The 1st year B Team reached the semi finals of the Leinster League but lost by one point and also the finals of the South Dublin League which they lost by just one point. Congratulations to all the teams.



Congratulations to our Sports Award Winners for this year.

Basketball Award  
Hockey Award  
Junior Sportsperson  
Senior Sportsperson

Rachel Jameson  
Emma Holmes  
Sophie Ritchie  
Holly Madigan

For a complete sports round-up of the year's sports activities click on the link below.

<http://teresian.ie/wp-content/uploads/2014/06/Sports-Round-Up-2018.pdf>

